



"Helping the Possible Become Probable"

FOR IMMEDIATE RELEASE

**Getting2Tri Opens Registration for National Triathlon Training Camp  
for Physically-Challenged Athletes  
*One-of-a-Kind Camp to be Held in Atlanta in March 2009***

ATLANTA, Jan. 6, 2009 – The [Getting2Tri Foundation](http://www.getting2tri.org) (G2T, online at [www.getting2tri.org](http://www.getting2tri.org)), announced its National Triathlon Training Camp (NTTC) will be held March 19-22, 2009 in Atlanta, Ga. The second annual event provides new and experienced [physically-challenged athletes](#) with individualized coaching, interactive presentations and teachings, workout sessions, community building time and expert analysis. Hosted at the sports facilities of the Georgia Institute of Technology, the camp is limited to 100 participants to ensure individualized attention and safety. Registration is open at [www.getting2tri.org](http://www.getting2tri.org).

"This is the only national triathlon training camp in the country for athletes with a physical disability," said Gina Weathersby, executive director, The Getting2Tri Foundation. "This national event allows us to bring together athletes of all levels, coaches, trainers and mentors for four days focused on developing skills in swimming, cycling and running. While our focus is on instruction, the camp builds a community for physically-challenged athletes that extends well beyond their time in Atlanta." Now in its second year, the camp is held in March in an effort to best prepare physically-challenged athletes prior to the start of the triathlon season.

The camp will require [more than 300 volunteers](#) who will contribute to all aspects of the camp from operations to athlete coaching to training partners. Volunteers of all abilities and experiences are encouraged to support the athletes at this national event. Experienced athletes from the three sports of triathlon, as well as physical and recreational therapists and licensed coaches, are encouraged to volunteer at the only triathlon camp dedicated to athletes with a disability. "Volunteering with G2T brings a purpose to our participation in sports and strengthens our community," said Weathersby.

Formed in 2006, the organization provides coaching, mentoring and training in the sports of swimming, cycling and running to physically-challenged individuals. Specifically, G2T addresses the needs of individuals with limb loss, paralysis and muscular or neurological disorders. G2T athletes range from single sport members entering their first race as part of a relay team, to seasoned triathletes competing in Kona at the Ironman World Championships. The backgrounds of physically-challenged athletes are just as varied as their goals, from wounded veterans to people with limb loss due to disease.

For each athlete, G2T's focus is the same: to get him or her onto the playing field, at whatever level is their personal best.

### **The Getting2Tri Foundation**

[Getting2Tri](#) believes that individuals with a disability deserve the inspiration, support and opportunity to participate in athletic endeavors that promote healthy, active lifestyles. Our mission is to provide services and programs through the sports of [swimming, cycling, and running](#) to align physically-challenged individuals with their athletic pursuits, create communities for knowledge sharing, and reduce the perceived barriers between people. You can learn more, or contribute to our efforts, at [www.getting2tri.org](http://www.getting2tri.org).

###

### **EDITOR'S NOTES**

#### **Interview Available:**

Gina Weathersby, executive director, Getting2Tri Foundation  
Mike Lenhart, founder and president, Getting2Tri Foundation

#### **Images Available:**

High resolution images from the 2008 NTTC, including images of physically-challenged athletes in action are available

#### **Key Web Addresses:**

Getting2Tri: [www.getting2tri.org](http://www.getting2tri.org)

#### **Media Contact:**

Jenny Schmitt  
1 (404) 421-8323  
[jschmitt@cloudspark.com](mailto:jschmitt@cloudspark.com)